

Mental Health Direct

Schedule of Fees from 1st July 2026

Psychologist				
Service	Standard Fee	Concession Fee	Out of Pocket (Standard)	Out of Pocket (Concession)
Face-to-Face	\$181.55	\$151.55	\$80	\$50
Telehealth	\$181.55	\$151.55	\$80	\$50

Mental Health Counsellor-Social Worker				
Service	Standard Fee	Concession Fee	Out of Pocket (Standard)	Out of Pocket (Concession)
Face-to-Face	\$169.50	\$139.50	\$80	\$50
Telehealth	\$169.50	\$139.50	\$80	\$50

Mental Health Counsellor-Occupational Therapist				
Service	Standard Fee	Concession Fee	Out of Pocket (Standard)	Out of Pocket (Concession)
Face-to-Face	\$169.50	\$139.50	\$80	\$50
Telehealth	\$169.50	\$139.50	\$80	\$50

No Medicare Rebate		
Service	Standard Fee	Concession Fee
Face-to-Face (any provider)	\$170	\$140
Telehealth (any provider)	\$170	\$140

Concessions Accepted

We offer concession rates for the following groups:

- Pensioner Concession Card holders
- Health Care Card holders
- Commonwealth Seniors Health Card holders
- DVA Health Card holders

Please bring your concession card to your appointment to receive the discounted rate.