



IS PAIN INTERFERING WITH YOUR EVERYDAY LIVING?

Join a FREE chronic pain management group



Contact us

Matilda Hunt
02 4464 3626
admin@shoalhavenpsychology.com.au

Annette Anido
0472 602 505
aanido@gph.org.au

*Scan for
more
information*

**North Kiama
Neighbourhood Centre**
28 Meehan Dr,
Kiama Downs

Information Session:
3 March 2025
10.00 - 12pm

6 Weekly Sessions
starting 17 March 2025
10.00am - 1.00pm

Follow up Session
3 June, 10 - 12pm

This service is supported by funding from
COORDINARE – South Eastern NSW PHN through
the Australia Government's PHN Program.