



# IS PAIN INTERFERING WITH YOUR EVERYDAY LIVING?

## Join a FREE chronic pain management group



*Contact us*

Julie Mooney  
0475 514 037  
jmooney@gph.org.au

Annette Anido  
0472 602 505  
aanido@gph.org.au

Scan for  
more  
information

**Grand Pacific Health**

Ground Floor, 34 Lowe St  
Queanbeyan

LIGHT REFRESHMENTS PROVIDED

This service is supported by funding from  
COORDINARE – South Eastern NSW PHN through  
the Australia Government's PHN Program.

Information Session:  
13th February 2025  
5pm - 7pm

6 Weekly Sessions  
starting 27th Feb 2025  
5pm - 8pm

Follow up Session  
15th May, 5pm - 7pm