



IS PAIN INTERFERING WITH YOUR EVERYDAY LIVING?

Join a **FREE** chronic pain management group



Contact us

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*Scan for
more
information*

**Dapto Ribbonwood
Centre**

93 - 109 Princes Hwy, DAPTO

LIGHT REFRESHMENTS PROVIDED

**Information Session:
12th February 2025
5.30 - 7.30pm**

**6 Weekly Sessions
starting 19th Feb 2025
5.30 - 8.30pm**

This service is supported by funding from
COORDINARE – South Eastern NSW PHN through
the Australia Government's PHN Program.

**Follow up Session
7th May, 5.30 - 7.30p,pm**