

# healthy ageing at home

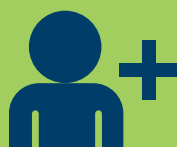
service model



## Older Person

Age: 65+ years

At least one chronic condition, lives at home in the community



## Aboriginal and/or Torres Strait Islander

Age: 50+ years

At least one chronic condition, lives at home in the community

### Stage 1: Establishment

- Education sessions - co-design principles with each target audience (TA)
- Older People from range of CALD backgrounds
- Community Organisations (CO) providing services to Older People
- Families and/ carers



### Stage 2: Pilot

- Train-the-Trainer suite of resources
- F2F sessions with older people
- Online program
- Partnership with healthcare providers, support, referral and advice



### Stage 3: Implementation

- Supporting range of CO providing F2F sessions
- Established referral pathways and promotion to TA's
- Facilitation of Family and/carer engagement
- Engagement with diverse range of participants



### Outcomes

- **Empowerment** of older person to self-care
- **Improved** health literacy
- **Avoiding** potentially preventable hospitalisations
- **Delay entry** into residential aged care
- Maintenance of **functional ability**

## DELIVERABLES:

### Engagement:

- Identify needs
- Audiences
- Inform content

### Products:

- Training of Staff
- Test and Review
- Promote to TA's

### Impact:

- Increased offerings
- Identify collaborative action
- Reporting

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