



CHRISTMAS SUPPORTS

We know that Christmas can be a challenging time for many of our consumers. It can be expensive and sometimes quite an emotional time.

With that in mind, we have put together the following list of local supports to help point you in the right direction if you are in need over Christmas.

Illawarra Area: Food

- *Salvation Army Tarrawanna
Christmas Barbeque on 9/12/2018 at 5pm-
6:30pm
Phone: 4283 7331
Address: 85 Meadow Street, Tarrawanna
NSW 2518*

- *Wesley Church on the mall
Christmas Lunch on Christmas Day at 12pm
Phone: 4229 2117
Address: 116 Crown St, Wollongong NSW
2500*

- **Shellharbour City Community Church**
Food Care – Low cost groceries. Thursdays 10am – 1pm and
Fridays 10am – 12pm.
Phone: 4297 3549
Address: 500 Shellharbour Road, Shellharbour NSW 2529

- **Anglicare Wollongong**
Emergency food relief until Christmas Eve at 1pm.
Phone: 4229 7911
Address: 152 Keira Street Wollongong NSW 2500

- **Bellambi Neighbourhood Centre – Illawarra Food Hub**
Low cost groceries. Tuesday to Friday, 10am – 12:30pm, 1pm-
2pm. Closed over Christmas from 20th December to January 7th
Phone: 4285 3055
Address: 49a Cawley Street Bellambi NSW 2518

- **Thirroul Neighbourhood Centre, Community Pantry**
Food and Hygiene products. Open Wednesday and Fridays from
10am to 6pm. Closing December 21st until the second week in
January.
Phone: 4267 2500
Address: Thirroul Community Centre, 352-360 Lawrence Hargrave
Drive Thirroul NSW 2515

- **Dapto Neighbourhood Centre,**
Free breakfast on Monday and Thursday, 8am until 9.30am,
Christmas Breakfast, Thursday December 13th, 8am til 9.30am.
Free, all welcome.
Phone: 4262 1918
Address: Dapto Ribbonwood Centre, 93-109 Princes Highway
Dapto NSW 2530

- **Koonawarra Neighbourhood Centre**
Free breakfast, Tuesday and Wednesday from 7.30am til 9am
Phone: 4261 8426 OR 4262 1918
Address: 36 Fowlers Road Koonawarra NSW 2530

Hampers and Toys

- **Wollongong Corps, Salvation Army**
Phone: 4227 2994
Address: 11-13 Burelli Street Wollongong NSW 2500

- **Wesley Church on the mall**
Phone: 4229 2117
Address: 116 Crown St, Wollongong NSW 2500

Social Activities and Fun Things To Do

- **Free Movie: Miracle on 34th Street**
Tuesday December 18th at 10am until 12pm.
Shellharbour Civic Centre – City Library, 76 Cygnet Avenue, Shellharbour City Centre, NSW.

- **Art on the Grass**
Handmade art and crafts, food, music and inexpensive gifts. Meet the working artists and browse the studios and stalls. Saturday 8th December 10am-2pm
Phone: 0418 644 342 or 4274 4322
Address: Kembla Court, 100 Wentworth Street Port Kembla NSW 2505

- **Carols in Corrimal**
Christmas carols, local performers and food. Friday, 7 December 2018, 6:30pm
Address: Ziems Park, Corrimal – Senior Field

- **Carols by Candlelight – Shellharbour City Council**
Local musicians and performers, food trucks, fun activities and fireworks. Friday, 7 December 2018, 5.30pm – 8.30pm
Address: Reddall Reserve, Lake Illawarra

• **Figtree Community Carols**

Local performers, face-painting and other children's activities, low cost rides, BBQ and other food vendors and fireworks. Saturday, 8 December 2018, 5.30pm – 9.30pm

Address: Figtree High School, Gibsons Rd, Figtree

• **Carols in the Park, Woonona**

Visit from Santa, Christmas carols, held by The Lions Club. Sunday, 9 December 2018, from 6:30pm.

Address: Strachan Park, Woonona

• **Santa Fest Wollongong 2018**

The Disability Trust and the Salvos Wollongong will be hosting this family friendly event. Food trucks, coffee, rides and entertainment, fireworks and children's activities. Sunday, 9 December 2018, 6pm – 9pm

Address: Lang Park, Wollongong

• **Carols on the Lawn – Corrimal**

Family friendly carols on the lawn hosted by Corrimal Community Church and the Elastic Band. BBQ. Sunday, 9 December 2018, 5.45pm – 8.45pm

Address: 9 Augusta St, East Corrimal

• **Kiama Community Carols in the Park**

Visit from Santa, Children's entertainer, wooden toys for sale and other products. In the case of wet weather, to be held in the Pavilion at Kiama Showground. Wednesday, 12 December 2018, 7.00pm – 9.00pm

Where: Hindmarsh Park, Kiama

• **Dapto Community Christmas Festival**

Market stalls, Christmas carols, carnival food, family activities and fireworks. Saturday, 15 December 2018, 5.30pm – 9pm

Address: Moombara Street, Dapto

• **Carols by the Harbour – Shellharbour**

Carols and fireworks. Saturday, 15 December 2018, From 5pm

Address: Little Park, Shellharbour Village

- ***Austinmer Carols by the Sea***
Carols on Austinmer Beach. Bring a blanket, chair and picnic dinner.
Sunday 16 December 2018, 7.30pm – 9.30pm
Address: Austinmer Beach

- ***Nan Tien Cultural Festival,***
Nan Tien Temple will have performing arts, crafts, vegetarian food,
exhibitions, and many more activities between Christmas and New
Year. Lion Dance is one of the highlights on New Year's Day. 25
December 2018 – 1 January 2019
Address: Nan Tien Temple

- ***Boxing Day, Free event on December 26th***
Boxing Day Brunch 10am – 3pm. Boxing Day Beach Bash from 3pm. DJ
Ace from 4pm on the back deck.
Address: 2-14 Cliff Road, North Wollongong.

Transport

- ***NSW trains run a public holiday service. Please check with NSW***
Transport on times.

- ***The Free Gong shuttle bus***
runs every 20 minutes on its usual route from 8 am to 6pm.

- ***Premier Illawarra Local Bus***
Here is the local bus timetable for Christmas Day:
http://www.premierillawarra.com.au/pdf/2017_Xmas_Day.pdf

Counselling - Community

- ***First Floor Program – Burrelli Street***
Phone: 42291079 (counselling support)

- ***Port Kembla Mission***
Counselling support, Financial counselling, Monday to Friday 10am - 3pm
Phone: to book an appointment 42291079
132 Wentworth Street, Port Kembla NSW 2505

- ***Illawarra: Mental Health***
Counselling support, information and referral service. Mon-Fri: 8.30am-4:45pm
Phone: 4254 1500

- ***Nowra Mental Health***
Acute mental health assessment and follow up. 24/7 referral support
Phone: 4424 7800

Counselling Supports – Phone

- ***Illawarra and Shoalhaven Mental Health Line (24 hours)***
To speak with a mental health clinician (for referrals, guidance, advice, support and information).
Phone: 1800 011 511
- ***Lifeline (24 hours): 131114***
- ***Beyond Blue Information Line (24 hours): 1300 224636***
 - ***Kids Help Line: 1800 551 800***
 - ***Mensline Australia: 1300 224 636***
 - ***Rape Crisis Helpline: 1800 424 017***
 - ***Link2home (homeless): 1800 474753***
 - ***DV Line: 1800 656 463***
 - ***Suicide callback: 1300 659 467***

Shoalhaven

Free Meals

- *Australian Relief and Mercy Services*
158 Princes Highway South Nowra
Free meal provided
Tuesday 1pm and Friday 6.30pm
- *Salt Ministries*
Free meal, food hampers, tea/coffee and clothing.
Plus social activities
Thursdays 11am-1pm
- *All Saints Anglican Church*
A free meal provided followed by a church service if you wish
Wednesday 6.15-8.30pm
- *Vinnies Van*
Bounty Motel 271 Princes Highway Bomaderry
Tuesday 5.30pm – 6.20pm
- *Outside Gateway Caravan Park*
Tuesday 6.30 – 7.20
- *The Hub Bus-Nowra City Church*
Boat ramp behind Gateway Caravan Park
Thursday nights 5pm
- *St Michaels Church*
Soup Kitchen at lunchtime Friday
Nowra Showground Committee Rooms
- *Salvos*
Cnr St Anns and Salisbury Drive Nowra
Sallie Sausage Sanga
Mondays 4.30 -5.30

Free Christmas Activities 2018

- ***Nowra Community Christmas Party***
Wednesday December 19th
Parramatta Park, Parramatta Rd, Nowra East
12.00pm to 2.00pm
Lolly Guessing Competition
Petting Zoo
Face Painting
Free Giveaways

- ***Berry Merry Christmas***
Thursday 13th December 5pm
In conjunction with Berry Farmer's Market
Berry Showground
Family Fun and
Grand Parade with Santa

- ***Community Christmas Dinner***
Date: Sun, 23rd Dec
Time: 5.00pm for a 5.30pm start
Location: City Church Nowra

Cost: \$5 for Church Members, Free to Members of the Community
Everyone is welcome but bookings are essential due to limited
seating. Limited transport is available.

Please RSVP City Church Nowra by 19th December either by phone (02
4421 4602) or email (office@citychurchnowra.com.au).
Everyone is welcome!

- ***Christmas Lunch***
Friday 21st December from 11am
St Michaels Church, 30 North St, Nowra
Drop in or phone Shannon for details 0414 521 404
All welcome

- ***Bunnings Family Fun Night***
Thursday December 6th

Shoalhaven Christmas Carols 2018

*Saturday 1st December 6pm
Sanctuary Point
Paradise Beach Reserve*

*Sunday 16th December 6pm
Harry Sawkins Park Nowra*

*Sat 22nd December 4pm -8.30pm
Callala Sportsground
Emmett St Callala Bay*

*Monday 24th December 7pm
Carols by the Water's Edge
Sussex Inlet*

*Monday 24th December 7pm
Carols in the Park
Apex Park Berry*

New Year's Eve Celebrations and Fireworks

- *Fireworks and Family Fun Night
Berry Showground
Fireworks 9pm*
- *Nowra City Turf Club
Archer Racecourse
Fireworks 9pm*
- *Ulladulla Harbour Foreshore
Carnival and Fireworks
7pm – 9pm*
- *Huskisson Voyager Park
Carnival and Fireworks
7pm – 9.30pm*