

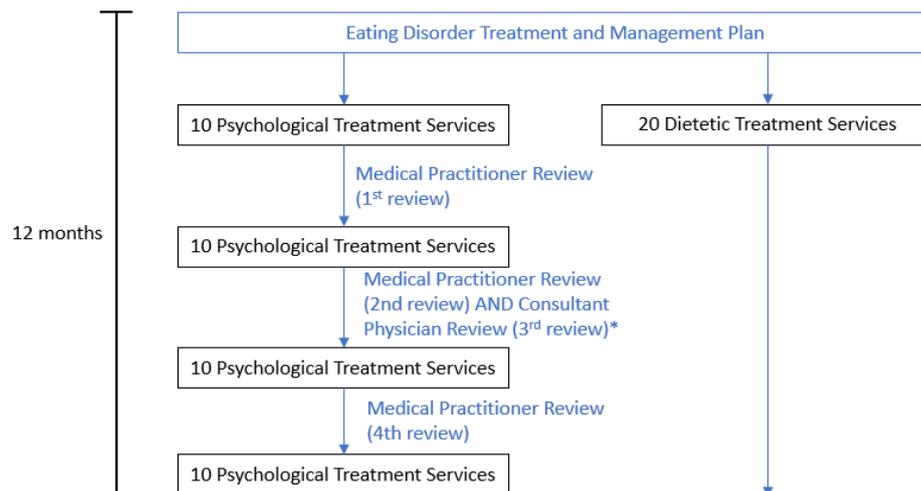
For those who are eligible, appointments with the Grand Pacific Health Eating Disorder Service (GPHEDS) will be subsidised through Medicare, with only a small gap payment. Full fee appointments are also available for those who do not meet the requirements for Medicare rebates, or who exceed the allocated number of subsidised sessions.

## Medicare Treatment Plans

The GPHEDS can process rebates for patients using the following Medicare treatment plans:

- Eating Disorder Treatment and Management Plan
- Mental Health Care Plan/Better Access Initiative
- Chronic Disease Management Plan

## Understanding the Eating Disorder Treatment and Management Plan (EDP)



An EDP can be developed by a GP (90250-90257), psychiatrist (90260-90262) or paediatrician (90261-90263) and is valid for 12 months. An eligible patient may access up to 40 psychology appointments and 20 dietitian appointments in a 12-month period.

The managing practitioner is required to review the patient and EDP every 10 psychology sessions, and refer the patient for another 10 psychology sessions (up to a maximum of 40 sessions) if appropriate (90264-90269).

After 20 psychology sessions, a review is also required by a psychiatrist (90266 or 90268) or paediatrician (90267 or 90269). If both the consultant physician and the GP agree that further psychology appointments are required, the patient can access another 10 psychology sessions.

## Eating Disorder Treatment Plan and Review Templates

Templates that can be used with practice software such as Best Practice or Medical Director, and are compatible with Microsoft Word, can be found here:

- For the EDP: <https://insideoutinstitute.org.au/resource-library/eating-disorder-care-plan>



# Accessing Medicare Rebates

- For the EDP review: <https://insideoutinstitute.org.au/resource-library/gp-care-plan-review-template>

## How does the EDP work with other Medicare Treatment Plans?

### *Psychological Sessions*

Individuals with an Eating Disorder Plan (EDP) may be eligible for up to a **maximum of 40 sessions of psychological treatment**. This includes not only the new EDP services but also any sessions provided to the individual under the 'Better Access to Psychiatrists, Psychologists and General Practitioners' through the MBS ('Better Access') initiative.

It is recommended that providers do not use simultaneous care plans for psychological treatment and instead utilise the Mental Health Care Plan (MHCP) before or after the Eating Disorder Plan, keeping in mind that **the total number of sessions on both plans cannot exceed 40 sessions in a 12-month period**.

### *Dietetic Sessions*

Individuals with an EDP are eligible for up to a **maximum of 20 dietetic sessions**. This includes not only the new eating disorder items but also those claimed under a Chronic Disease Management Plan (CDMP).

Where a patient has a separate chronic medical condition, it may be appropriate to manage the patient's medical condition through a CDMP, and to manage their eating disorder through an EDP, keeping in mind that **the total sessions under both cannot exceed a maximum of 20 sessions in a 12-month period**.

## Where can I find more information?

For more information regarding EDPs and Medicare item numbers please visit:

- Inside Out Institute Medicare Clinician FAQs: <https://insideoutinstitute.org.au/resource-library/medicare-clinician-faqs>
- MBS Online Eating Disorders Fact Sheet/FAQs/Quick Reference Guide: November 2019 → Upcoming Changes to MBS items – Eating Disorders
- Inside Out Institute fact sheet for patients EDP <https://insideoutinstitute.org.au/resource-library/navigating-eating-disorders>

For more information regarding the GPHEDS please visit [www.gph.org.au/eds](http://www.gph.org.au/eds) or phone our Wollongong office on 4220 7600.