



Accessing Medicare Rebates

For those who are eligible, appointments with the Grand Pacific Health Eating Disorder Service (GPHEDS) will be subsidised through Medicare, with only a small gap payment. Full fee appointments are also available for those who do not meet the requirements for Medicare rebates, or who exceed the allocated number of subsidised sessions. You can access our service fees on our webpage.

Medicare Treatment Plans

The GPHEDS can process rebates for clients using the following Medicare treatment plans:

- Eating Disorder Treatment and Management Plan (20 dietitian and up to 40 psychology appointments)
- Mental Health Care Plan/Better Access Initiative (up to 10 psychology appointments)
- Chronic Disease Management Plan (up to 5 dietitian appointments)

How do I get a Medicare Treatment Plan?

You will need to book a long appointment with your GP so they can assess your eligibility for a suitable Medicare treatment plan. You may be required to complete a questionnaire in your GP appointment as part of this assessment.

If you are eligible for a Medicare treatment plan, your GP will need to fax a copy of this to us before your first appointment. Our fax number is: **4226 6489**.

Please note that due to high demand, if you wish to assess your eligibility for a Medicare treatment plan prior to booking an appointment with us, you will be placed on our "On Hold" waitlist. **If we do not receive a copy of your Medicare treatment plan within 28 days of being placed on this waitlist, we will need to close your file.**

If you have not arranged for a Medicare treatment plan prior to your first appointment, it will be assumed that you will be paying full fee.

Medicare Eating Disorder Treatment Plan (EDP)

If you would like more information on the EDP, you can find a summary here:

<https://insideoutinstitute.org.au/resource-library/navigating-eating-disorders>

How does the EDP work with other Medicare Treatment Plans?

If you have an EDP and another treatment plan, the total number of sessions used on both treatment plans cannot exceed 40 psychology sessions and 20 dietitian sessions in a 12-month period.

For more information regarding the GPHEDS please visit www.gph.org.au/eds or phone our Wollongong office on 4220 7600.