



Medical Assessment Requirements

If we have requested that your patient complete a medical assessment prior to confirming their eligibility for the Grand Pacific Health Eating Disorder Service (GPHEDS), their intake assessment revealed dietary/exercise behaviours or physical symptoms suggestive of possible medical instability.

Medical Assessment Requirements:

The table below outlines the medical investigations/assessments we recommend (as a minimum) to confirm medical stability, and therefore, suitability for community-based treatment.

Vital Signs	Supine and standing blood pressure Supine and standing heart rate Core temperature
Blood tests	FBC EUC Phosphate, Calcium, Magnesium Glucose LFTs B12, Folate, Fe studies, Vit D
Measurements	Weight Height

Additional tests that may be useful include ECG and Bone Density Assessment.

Recently completed Medical Assessment:

If your patient has recently (within the last 2 months) completed medical investigations/assessments, it may not be necessary for them to undergo further/repeat tests. In this case, please write to us confirming that your patient is medically stable and appropriate for community-based treatment.

Due to high demand, clients requiring medical assessment are placed on our "On Hold" waitlist. **If we do not receive the required documents within 28 days, we will need to close the client file.**

Please fax test results/correspondence to the GPHEDS: 4226 6489.

For more information regarding the GPHEDS please visit www.gph.org.au/eds or phone our Wollongong office on 4220 7600.